



## Duck Breast Fillets

*Luv-a-Duck's Duck Breast Fillets are tender, meaty and ready to be cooked the way you like.*



Menu Idea: Warm Alfresco Duck Salad

- ✓ A tender meaty duck breast
- ✓ Available fresh and frozen
- ✓ So versatile
- ✓ Ideal for butchers, restaurants, cafes, hotels, resorts and caterers



# Duck Breast Fillets

Luv-a-Duck's Duck Breast Fillets are tender, meaty and ready to be cooked the way you like.



## FEATURES AND BENEFITS

- ✓ So simple and quick to cook in 20 minutes.
- ✓ Pan sear and oven bake
- ✓ Serve pink, just like red meat
- ✓ A flavoursome and versatile protein
- ✓ High margin menu item
- ✓ Available fresh and frozen

## MENU SUGGESTIONS

- ✓ Serve with your favourite finishing sauce
- ✓ Split portion and serve with salads, pastas, etc
- ✓ Perfectly paired with citrus flavours

**We are Proudly:**



Export Establishment  
N° 178

## PRODUCT DESCRIPTION & FURTHER INFORMATION

A thick natural meaty duck breast fillet, skin on

**Ingredients:** Duck 100%

**Allergens:** None

**Storage:**

Frozen: Keep frozen at or below -18°C

Chilled: Keep at or below 4°C

**Shelf Life:**

Frozen: 18 months from packed date

Chilled: 9 days from packed date

Retail chilled: 35 days from packed date.

**Cooking Instructions:**

1. Heat oven proof frypan to a medium heat, and pre-heat oven to 190°C.
2. Pat dry duck breasts, score skin in a crisscross pattern and lightly season the skin with salt.
3. Place in pre-heated pan skin side down, using no oil and fry for 4-5 minutes until the skin is golden. Turn and cook for a further 2 minutes.
4. Remove pan from heat and place in pre-heated oven for a further 8-10 minutes to your liking.
5. For best results rest for 5 minutes before slicing and serving.

Product Name	Product Code	Portions / Pack Avg	Avg Pack Weight	UOM	Units/ Ctn
Duck Breast Fillets x2 (random weight) Chilled	C302612/2612F	2	350 g	kg	6
Duck Breast Fillets - Regular (180g - 220g) Frozen	2612SMZ	5	1.0 kg	kg	8
Duck Breast Fillets - Medium (220g - 260g) Frozen	2612MEZ	5	1.2 kg	kg	8
Duck Breast Fillets - Large (260g - 300g) Frozen	2612LGZ	5	1.4 kg	kg	8
Duck Breast Fillets - (180g - 220g) (2 piece pack) Frozen	2512RZ	2	400g	kg	10
Duck Breast Fillets - Regular (180g - 220g) Chilled	2612SMF	5	1 kg	kg	8
Duck Breast Fillets - Medium (220g - 260g) Chilled	2612MEF	5	1.2 kg	kg	8
Duck Breast Fillets - Large (260g - 300g) Chilled	2612LGF	5	1.4 kg	kg	8

\* Fresh Products are available in selected states only. Please contact us for a detailed product/price list suitable to your state.

Wholesaler/Distributor Details:

## Luv-a-Duck Orders

T 1300 64 9000 E [sales@luvaduck.com](mailto:sales@luvaduck.com)  
228 Ingles Street, Port Melbourne Vic 3207 [luvaduck.com](http://luvaduck.com)