

DUCK LEEK & MUSHROOM Tarts

Difficulty:EasyServes:Makes 8 individual tartletsPrep:10 minutesCooking:20 minutes



INGREDIENTS

- 2 Luv-a-Duck Roast Duck Legs
- 2 sheets butter puff pastry 1 young leek, halved washed &
- thinly sliced
- 40g butter
- 9 swice brown
- 8 swiss brown mushrooms, quartered
- 1 tlsp vincotto
- 60g Persian feta cheese
- 50g golden walnut halves
- Salt & pepper to taste

METHOD

- 1. Pre-heat oven to 190c
- 2. Cut each pastry sheets into 4 squares. Press the pastry into 8 paper lined deep large muffin tins. Folding the edges down. Place a square of paper on the inside of each muffin tin and fill with baking beans or pastry weights to weigh pastry down whilst cooking.
- 3. Bake in the pre-heated oven 8 minutes. Remove the beans and cook for a further 2 minutes. Remove from oven and cool in the tin.
- 4. Heat the butter in a frying pan over a low heat and sauté the leeks 5 minutes, add the mushrooms and season with salt & pepper continue to sauté for a further 4-5 minutes. Stir in the vincotto.
- 5. Spoon the mushroom mixture into the base of each tartlet case and top with shredded roast duck meat. Garnish with feta cheese and walnuts. Warm in the oven 3-4 minutes. Serve warm.

CHEF'S TIPS

Tartlet cases maybe prepared well ahead of time and store in an airtight tin.

Luv-a-Duck confit duck legs or fresh duck legs may also be used. Simply cook/ heat per pack instructions and shred the duck meat from the bone.

Cumquat marmalade maybe used in place of vincotto for a delicious difference.