

A L'ORANGE DUCK LEGS WITH AN ORANGE, Fennel and goats Cheese Salad – by tim Bone



Difficulty: Easy	
Serves:	4
Prep:	30 minutes

INGREDIENTS

Ingredients

- 1 pack Luv-a-Duck A L'orange Duck Legs
- 2 oranges, segmented
- 1 fennel bulb, cored and thinly sliced, fronds reserved for garnish
- 1 pomegranate, seeded
- 100g Goats Cheese, crumbled
- 1 cup walnuts
- Olive oil
- 100g rocket leaves
- ½ cup balsamic glaze

METHOD

- 1. Pre-heat oven to 190°.
- 2. Place duck legs onto a lined baking tray and cook in the oven for 15 minutes.
- 3. While the duck is cooking, prepare the salad. In a dry frying pan over medium heat, add the walnuts and cook stirring for a few minutes until fragrant. Remove.
- 4. In a large salad dish, add the rocket leaves and drizzle with olive oil and toss to coat.
- 5. Top with sliced fennel, orange segments, Goats Cheese, walnuts and pomegranate seeds.
- 6. Drizzle with balsamic glaze and top with the A L'orange Duck Legs.
- 7. Serve.