

## EASY ONE-PAN KETO DUCK RECIPE

**Difficulty:** Easy **Serves:** 2

Prep: 2 minutes
Cooking: 5 minutes



## **INGREDIENTS**

- 2 Peking duck breasts (precooked, vacuum sealed with sauce)
- 150g green beans, trimmed
- 1 small bok choy, roughly chopped

## **METHOD**

- 1. Remove the Peking duck breasts from the packet.
- 2. Pour the remaining sauce from the packet into a heated pan.
- 3. Add green beans to the pan and stir to coat them in the sauce.
- 4. Chop the bok choy and add it to the pan, mixing with the other ingredients.
- 5. Plate the cooked vegetables alongside the sliced duck breasts.