

# DUCK WONTONS AND Asian Broth Soup

4

Difficulty:EasyPrep:40Cooking:30



## INGREDIENTS

4 Luv-a-Duck Peking Duck Leg, coarsely shredded

3 egg yolks

1 carrot, peeled, grated

½ cup Chinese cabbage, finely

chopped

1 red onion, peeled, finely

chopped

1 tablespoon freshly shredded

- ginger 2 tablespoon dark soy sauce
- 20 wonton wrappers

### For the broth

Ingredients: 1 litre Luv-A-Duck Duck Stock Zest of 1 orange 1 garlic clove 1 small knob ginger 2 shallots, peeled and sliced 1 spring onion 100 g kombu 20 ml sesame oil 10 ml soy sauce

#### Garnish

Toasted sesame seeds Crispy shallots Finely sliced spring onion

## METHOD

- 1. Heat the peking duck legs as per pack instructions & roughly shred meat from the bones.
- 2. To make the dumplings, mix the dumpling ingredients including shreded duck meat (except for the wrappers) in a bowl.
- 3. Arrange 4 wrappers on a work surface; keep the rest covered with a damp paper towel.
- 4. Brush the edges of the wrappers with water and drop 1 tablespoon of the filling in the centres then fold all four corners to meet at a peak in centre and squeeze edges to seal.
- 5. Place peak-side-up on a lightly floured tray and continue with remaining wrappers and duck filling.
- 6. For the broth, in a medium size pot place all the ingredients and allow to infuse on a medium heat. Once infused discard all loose ingredient and pass the broth through a chinois.
- 7. Once the broth is passed gently place the wontons in in batches to cook.
- 8. To serve place in bowls with the broth and garnish with sesame seeds, shallots and spring onions.

Recipe courtesy of Chef lan Curley