

PEKING DUCK BROTH WITH WONTONS

The clean flavours of these soups are amazing.

Difficulty: Easy Serves: 4



INGREDIENTS

Soup base

- 1 litre Luv-A-Duck duck stock
- 1 star anise
- 1 cinnamon stick
- 1 garlic clove
- 1 small knob ginger
- 4 pieces dried citrus peel
- 4 shallots, peeled and sliced

Wonton ingredients

1 pkt wonton skins 200g Luv-A-Duck duck mince 1 garlic clove, crushed 1 small knob ginger, finely chopped 2 tsp chives, finely chopped

Soup ingredients

1 pkt egg noodles 1 Luv-A-Duck Peking Roast Duck Breast, shredded 1/2 bunch spring onions, ends trimmed, sliced 1 cup Chinese cabbage, shredded

Garnish

Fried shallots 1/2 cup coriander leaves Bean shoots

METHOD

- 1. Add all the soup base ingredients to a large pot and bring to the boil. Reduce the heat and simmer for 20 minutes to allow the flavours to develop.
- 2. Combine all ingredients for wontons and mix well. Lay out the wonton wrappers and place 1 teaspoon of mixture into the centre of the skin and bring all the edges in to form a "money bag".
- 3. Carefully place the wontons into the stock and cook for 3-5 minutes. Remove the wontons from the stock and set aside.
- 4. Cook the egg noodles as per the packet instructions.
- 5. To serve, place soup ingredients in the bottom of large bowls, add a few wontons and pour hot stock over the top. Garnish with fried shallots, coriander and bean shoots.