

SHREDDED DUCK Burgers



Difficulty: Easy Serves: 2 Prep: 15 mins Cooking: 15 mins

INGREDIENTS

- 1. 2 confit of duck legs
- 2. 2 cups of slaw (cabbage, carrot, mayonnaise)
- 3. 3 tbsp smokey BBQ sauce
- 4. 2 burger buns

METHOD

- 1. Preheat the oven to 190°C.
- 2. Heat the confit duck legs in the oven at 190°C for 15 minutes. Remove the meat from the bone with two forks.
- 3. Toast the buns in a hot pan, spread both halves with the BBQ sauce, add coleslaw, top with the confit of duck shredded meat and the burger lids.

Recipe by: Justine Schofield