

SMOKED DUCK AND Fetta Quiche

Difficulty: Easy Serves: 12 Cooking: 30 minutes



INGREDIENTS

2 Luv-a-Duck Smoked Duck Breast, skin removed, diced 3 sheets shortcrust pastry 4 eggs 300ml thickened cream 1 bunch English spinach, wilted 1/2 cup feta cheese, crumbled Salt and pepper

METHOD

- 1. Preheat oven to 190°C.
- 2. Grease 2 x 12 cup patty pans. Cut out pastry circles with biscuit cutter to fit patty pans. Gently push and mould pastry into patty pans.
- 3. Place a small amount of diced duck, spinach and feta in each pastry case.
- 4. Beat together eggs, cream, salt and pepper.
- 5. Carefully fill each pastry case with egg mixture. Be careful not to overfill or it will be difficult to remove quiches from pan.
- 6. Bake for 10-14 minutes. Quiche is ready when nicely browned and filling puffs up.
- 7. Allow to cool slightly then remove quiche to wire rack.