WHOLE ROAST DUCK AND DUCK FAT POTATOES

Difficulty: Easy Serves: 4-6 Prep: 30 minutes Cooking: 2 hours



INGREDIENTS

- 1 whole duck
- 1 tbsp olive oil
- Salt, pepper
- 2 sprigs rosemary
- 4 cloves garlic
- 1.2kg potatoes, peeled, cut into large chunks
- Large handful flat leaf parsley, finely chopped
- 2 tbsp finely chopped rosemary
- 2 clove garlic, finely chopped
- ½ cup pitted green olives, roughly chopped
- Zest & juice 1 lemon
- 3 tbsp olive oil
- 1 brown onion, cut into wedges
- 300g red seedless grapes

METHOD

- 1. Preheat an oven to 190C. Pat the duck dry with some paper towel and if time, leave uncovered in the fridge overnight.
- 2. Rub the duck with the olive oil, season with salt/pepper & stuff the cavity with the rosemary & garlic cloves.
- 3. Place the duck onto a rack in a baking tray and roast for 1 1/4 hours.
- 4. Simmer the potatoes in lightly salted water until just tender, approx. 15 minutes. Drain through a colander, gently shaking to drain and rough up the outside of the potatoes (this helps get them nice and crispy later). Allow to cool.
- 5. Combine the parsley, rosemary, garlic, olives, lemon zest/juice and olive oil in a small bowl, seasoning to taste.
- 6. After 1 hour of cooking, remove the duck on its rack from the baking tray and pour the duck fat into a new, large baking dish.
- 7. Add the potatoes to this, tossing well & seasoning. Roast for 1 ½ hours, shaking them in the tray throughout cooking until they are golden & crisp.
- 8. Place the onion into the duck tray, lay over the duck & scatter the grapes around. Return this to the oven for approx. 45 minutes then let it rest.
- 9. Serve the duck, carved, with the potatoes, grapes, onions & gremolata spooned over.

Recipe by Tom Walton (@https://www.instagram.com/cheftomwalton/)